



SKANDIA

NEWSLETTER

Seattle, Washington

The Voice of SKANDIA FOLKDANCE SOCIETY

July 2008

Top ten ways to have the most fun at Midsommarfest

10. Arrive early to make sure you can take advantage of the free parking on the grass. Carpool if at all possible so more people have a chance to attend. Unfortunately, once all the parking is full, the rangers will stop letting any more cars into the park.
9. Wear a folk costume—regardless of whether or not you're in a performing group. Why? Because then you qualify to follow the garland in the Grand Midsommar Procession.
8. Bring along whatever you might need to deal with Mother Nature—ideally, sunscreen to avoid getting burned or an umbrella as a back-up sunshade. (If Mother Nature decides to misbehave, there will be ponchos available for sale at the Skandia booth.)
7. Bring a blanket, lawn chair, or whatever will allow you to be comfortable watching performances—and especially, the Pole Raising! By the way, Skandia is also renting chairs from the park to provide extra seating.
6. Bring your camera to take advantage of a photo op with the signpost, or perhaps the trolls, the dancers, or...
5. See what all the vendors have to offer so you don't miss that special item you might want.
4. Volunteer to help in whatever way you can—the week before cutting greens and ivy, Saturday doing set up, Sunday morning final set up, Sunday during the event, clean up Sunday evening, and/or hauling everything out of the park on Monday. It would be great if you could sign up in advance by sending an email to volunteer@skandia-folkdance.org or calling Elaine Everitt at 206-915-9606. Remember there's a dance at the park on Saturday evening from 7:30-9:30 (also free) with wonderful live music provided by Måd Fiddlu and Einar Eimhjellen with Nordic Spirit.
3. Make a contribution to help cover expenses and keep the festival free in the future. A contribution of \$2 (or more) will get you a special 50th Midsommarfest

Button—that is until they're sold out. Being conscientious about expenses, only 1,000 were made and over 150 have already been sold. If you want one, get yours early in the day.

2. Stop by the Skandia Booth to buy a ticket for a flower crown before you head over to the Kukka Kioski to either make your own or buy one.
1. Most important, you just have to be there to take it all in—from the wonderful performances starting at 11:00 in the morning, to the Kids' Pole Raising at 1:30, to the Main Event from 2:30-3:30, to the participatory dancing and more performances in the afternoon, to watching kids (of all ages) enjoy all activities in the Kids' Area, to taking the pole down and enjoying the camaraderie of clean up at the end.

O.K., O.K, so there are more than 10 things when you add up all the parts. What more can I say other than, "Looking forward to seeing you there!"

—Elaine Everitt



**NO Skandia
dance on 4 July.**

**Enjoy the
holiday!**

July Skandia events

Summer Series Classes: Thursdays, 10 July–7 August, 7:30–9 p.m., Room 2, upper building, Phinney Neighborhood Center (10, 17, and 24 July); Room 36, lower building, Phinney Neighborhood Center (31 July and 7 August)

First Friday dance, **4 July**—NO DANCE

Third Friday dance, **18 July** at Cedar Valley Grange. No class; dance, 8–11 p.m.

See p 5 for **driving directions** to regular events.

Dances:

Unless otherwise noted, all dances take place at **Cedar Valley Grange**, 20526-52nd Ave. West, Lynnwood, WA. Skandia members, \$7; nonmembers, \$9. Class, 7:30–8:30; dance 8:30–11 p.m.

NO Skandia First Friday Dance, 4 July

Enjoy the holiday!

Skandia Third Friday Dance, 18 July

See you at the Cedar Valley Grange for an old time Skandia dance, filled with mixers, easy set dances, and a variety of gammaldans, too. Dancing will begin at 8 p.m., with no lesson prior. Music will be provided by the Bellingham band Takk for Dansen, and walk throughs will be led by Bob and Carol Olson. There will be an Allspel at 9:15 for any interested.

Musicians; the Allspel tune list follows. Questions about the Allspel should be directed to Carol Olson at tayolson@earthlink.net. This is a great time to bring a friend and come enjoy an evening of easy and fun Scandinavian dances!

Allspel tune list

1. Julottan
2. Laggar farfars Boda Polska
3. Säbb Anders Rättvik Polska
4. Nylandspojarkarnas Polska "Mittemellan"
5. Nylandspojarkarnas Polska "Nerifrån"
6. Amerikaturen (pols)
7. Steffaleken (pols)

—Martha Levenson

Note: Nonmember admission to Skandia's regular Friday night dance parties will increase to \$10 beginning 1 August 2008. Member price will remain at \$7.

Glad Midsommar Guru

Dear Midsommar Guru,

You've probably been asked this a zillion times already; but why is Midsommarfest scheduled on June 29 this year, instead of June 22, which would be much closer to the actual summer solstice? Did it have something to do with availability of the Park? I was just curious, as it's not the first time Midsommarfest has been held a bit later than the weekend closest to the summer solstice.

Thanks in advance,

—Curious

Dear Curious,

Perhaps others have wondered, but none have asked the

Guru before. It's a worthy question since Skandia's goal is to present a traditional Swedish Midsommar celebration. However, this is not the only Midsommar event in the Northwest. There are many other events and it can be challenging to not have them all happening at the same time—especially for vendors and for some dancers and musicians who try to take part in more than one. Some time back, a decision was made to hold Skandia's event on the last Sunday in June. Depending on the calendar, that may mean it is closer or further from the actual date. In 2007, the last Sunday was June 24th, so Skandia's was closer to the actual day and Astoria's was the week before.

Hey Guru,

I still haven't signed up to volunteer because I'm not sure about my work schedule. Can I just show up on Saturday if it turns out that I'm available?

—Tentative Volunteer

Dear Tentative,

By all means, please show up if you can. Kathi Ploeger will be able to direct you to where you can be most helpful.

Hi Guru,

I just finished browsing your site for questions and answers on Midsommer and wondered if the Nordic Harpers in the area are on your mailing list. I do not know them personally but have enjoyed their CDs. They have Web sites at www.bethkolle.com (Beth Kollé) and www.harpcrossing.com (Harper Tashe). If they are not already coming, it might be nice to invite them. I believe Beth Kollé and friends are just back from a harper's tour of Norway.

—Harp Lover

Dear Harp Lover,

Having heard the Nordic Harpers, it's easy to appreciate your suggestion for inviting them.

Unfortunately, by the time the Guru received your email, the deadline for performer scheduling had passed. So, the Guru has already spoken with the performance coordinators to get them on the invitation list for 2009.

Dear Readers,

This is the last Guru column for Midsommarfest 2008. Hope you've enjoyed getting your questions answered here. And, now the Guru has a request. Please find a few minutes to share your thoughts about what you liked and/or didn't like about Midsommarfest 2008 along with any ideas you might have for 2009. Email: guru@skandia-folkdance.org or snail mail: PO Box 17123, Seattle, WA 98127-0823.

Glad Midsommar to all!

Look for these vendors at Midsommarfest!

- As You Like It Catering
- Daughters of Norway (Everett)
- Desiree of Sweden
- Finlandia Foundation
- Folk Voice Band
- Jo's Yarn
- Leif Eriksson Foundation
- Leikarringen of Leif Erikson Lodge #1
- Nordic Folklore
- Nordic Heritage Museum
- Northwest Danish Foundation
- Northwest Java
- Runecraft Creations
- Skandia Hus
- Strictly Scandinavian
- SWEA (Swedish Womens' Educational Association)
- Swedish Cultural Center
- Woven Traditions

2008 Stämman: More noise at the Noyes'

Mark your calendars for 6 September, the date of Skandia's annual spelmansstämman, when musicians and singers gather for a day of music—oh, and some great dancing, too. This year, we will again be at the wonderful home of Jim and Margaret Noyes, near Maltby. As usual we'll meet around noon for workshops, then have an evening potluck and dance. Jamming is encouraged any time of day (or night); all in all, a joyful noise! More details later.

—Peter Michaelsen

Mix it up at Skandia's Summer Series!

Art Hare and Larry Reinert present the Skandia Summer Series, with a delightful selection of favorite set and mixer dances. These lively dances, such as Trekantet Sløjfe, Firetur fra Romerike, Kadrilj från Landskrona and Gustavs Skål, popular dances in Skandia's earlier days, are done with two or more couples. Long-time Skandia members will have fun refreshing their memories. Those new to Scandinavian dance will enjoy an introduction to this rich tradition. Turning dances will not be taught, though steps may be reviewed in the context of the dances.

This is a great opportunity to invite your friends, family, and neighbors to experience Scandinavian dance and music!

No partner required. Smooth-soled shoes will help with turning.

When: Thursdays, 10 July–7 August, 7:30–9 p.m.

Where: Room 2, upper building, Phinney Neighborhood Center (10, 17, and 24 July); Room 36, lower building, Phinney Neighborhood Center (31 July and 7 August)

Cost: Members \$6/session or \$25 for the series; non-members \$8/session or \$35 for the series. Series includes free admission to the Summer Mixer on 14 August.

Please note that the Summer Series is on **Thursday** evenings. Mark your calendar for 10 July and plan to mix it up with Skandia this summer!

—Kathi Ploeger


Kathi's corner


Bondpolska från Överhärde, Gästrikland

Taught by Elaine Mathies and Tom Berglund at the 3rd Friday in May, this dance can be done to music played for Bondpolska från Viksta or for hambo.

Resting figure: Step-step-close, M beginning on L, W on R, gating toward and away from the center.

Turn: M: (1) R, (2) L, (3) both
 W: (1) L, (2) both, (3) R

Execution: Common structure is three resting figure steps, followed by turn to the end of a phrase. Turn may begin after any M's L, W's R resting figure.

Character: (1) Down, (2) Up, (3) Lilt

Excerpted from the publication Kathi's Cues, © 1998. Please note that these cues are intended to be a reminder to those who have learned the dance, not a complete description of the dance.

—Kathi Ploeger

Symra to be featured at Norsk Folkedans Stemne

15–17 August, Camp Brotherhood, near Mt. Vernon, WA.

Encouraging dancers and musicians to learn Norwegian folk songs and dances is one way of learning about the culture and heritage of Norway. If you have dance instructors within your organization, encourage them to attend Norsk Folkedans Stemne (perhaps by providing a grant or scholarship for them to attend). Several scholarships are provided by Norsk Folkedans Stemne for youths from ages 13–18. Go to www.seattlestemne.org for registration forms and info.

For more information, visit their Web site:

www.folkedans.com/symra/

July 2008						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 NO SKANDIA DANCE	5 NO BAIN- BRIDGE DANCE
6 (Port Angeles) Dance, 7-9 p.m.	7 (Poulsbo) Dance, Sons of Norway, 7 p.m. (Burlington) Nordic Dancers, 7-9 p.m.	8	9	10 (Phinney Ctr, Seattle) Summer Series class, 7:30-9 p.m.	11	12
13 (Port Angeles) Dance, 7-9 p.m.	14 (Poulsbo) Dance, Sons of Norway, 7 p.m. (Burlington) Nordic Dancers, 7-9 p.m.	15	16	17 (Phinney Ctr, Seattle) Summer Series class, 7:30-9 p.m.	18 (CVG, Lynnwood) Skandia 3rd Friday dance; 8-11 p.m.	19
20 (Port Angeles) Dance, 7-9 p.m.	21 (Poulsbo) Dance, Sons of Norway, 7 p.m. (Burlington) Nordic Dancers, 7-9 p.m.	22	23	24 (Phinney Ctr, Seattle) Summer Series class, 7:30-9 p.m.	25	26
27 (Port Angeles) Dance, 7-9 p.m.	28 (Poulsbo) Dance, Sons of Norway, 7 p.m. (Burlington) Nordic Dancers, 7-9 p.m.	29	30	31 (Phinney Ctr, Seattle) Summer Series class, 7:30-9 p.m.		

July events

Sundays (Port Angeles) Regular Sunday dance.

Scandinavian and ballroom dancing Sundays, 7-9 p.m. Scandia Hall at 131 W 5th St., Port Angeles, WA. Donations taken at the door. Info: Sandy or Paul, (360) 457-7035, or email Paul at penga@olypen.com.

Mondays (Poulsbo): Monday evening Nordic dancing

with instruction, 7 p.m. at the Sons of Norway Lodge in Poulsbo (18891 Front Street). All welcome; partners not required. Requested donation: \$2. Info: Fred (206) 780-8036 or Stan (360) 779-2460.

Mondays (Burlington) Nordic Dancers of Skagit/

Whatcom. Scandinavian dancing, Burlington Lutheran Church, 134 E. Victoria Ave., Burlington. Lessons: Basic-Adv. Beg., 7-7:45 p.m.; Intermediate-Adv, 8-9; Requests, 9-9:15. \$2 donation. All welcome. Please wear hard-soled shoes for pivoting. Carol/Bob Olson & Jo Miller instructing. Contact: tayolson@earthlink.net.

6/29 (Kenmore) Skandia Midsommarfest, 11 a.m. to 6 p.m., St. Edward State Park, Kenmore, WA.

7/1 (Seattle) Runeberg Chorus & Folkdancers. Fifty dancers and singers from Österbotten, a Swedish-speaking part of Finland, will perform at the Swedish Cultural Center, 1920 Dexter Ave North. \$5 donation. Sponsored by Swedish-Finn Historical Society and the Seattle Order of Runeberg. 7 p.m.

7/12 (Portland) Workshop, 1-5 p.m.; dance, 8-11 p.m. Friendship Masonic Center, 5626 N.E. Alameda St. (corner of 57th & N.E. Sandy Blvd.), Portland, OR.

7/12-13 (Seattle) 25th Annual Tivoli Viking Days, Nordic Heritage Museum, 3014 NW 67th St. Saturday, 10 a.m. to 6 p.m.; Sunday, 11 a.m. to 5 p.m. Entertainment, food, arts & crafts vendors, and real live Vikings. Info: (206) 789-5707 or www.nordicmuseum.org.

7/23-27 (Duluth, MN) FinnFest. Dance performances, concerts, lectures, art exhibitions, and tours. Info: Ira Turunen, iraturunen@finnfest2008.com or (218) 213-6080.

Upcoming events in 2008

- 8/7–10 New Mexico August Folk Dance Camp.** New Mexico Tech in Socorro, NM. Instructors: Tommy and Ewa Englund from Sweden teaching Swedish couple dances with Sandra Wong, Scandinavian fiddler, and Lee Otterholt teaching Albanian, Balkan, and Greek line dances. Info: www.unm.edu/~lpetri/swifdi/.
- 8/9 (Junction City, OR) Symra,** Norwegian folk-dance group, **performs during the Scandinavian Festival.** Information: Debbie Lemhouse at (541) 255-5559 or www.scandinavianfestival.com.
- 8/10 (Portland, OR) Potluck dinner, concert, dance with Symra** at Friendship Masonic Center, 5626 NE Alameda St, Portland. Donation at the door. Potluck at 5:30 p.m. Short performance by Symra at 7 p.m. Open Scandinavian dancing, 7:30–10 p.m. Info: Jim and Yonnie Tonder at jimtonder@comcast.net
- 8/11 (Poulsbo) Workshop with Symra** at Poulsbo Sons of Norway at 18891 Front Street NE, Poulsbo, WA. 3–5 p.m. Potluck open to folk dancers, S/N members and guests, 5:30 p.m. Symra performance at 7 p.m. \$5; school-age children free. Performance is followed by a gammeldans. Info: (360) 779-5209.
- 8/12 (Seattle) Wild salmon dinner and Norwegian folk dancing performance with Symra.** Dinner, 6 p.m.; performance and dance, 7:30 p.m. Leif Erikson Lodge, 2245 NW 57th St. Adults, \$20; kids, \$10 until August 9, then \$25/\$15. Send a check with a SASE to Norsk Folkedans Stemne, PO Box 17099, Seattle WA 98127 or call Karlyn Tomta, (206) 772-4545. Seating is limited; make reservations early.
- 8/15–17 (Mt. Vernon) Norsk Folkedans Stemne,** at Camp Brotherhood, near Mt. Vernon, WA. Teaching by the folk dance group Symra from Oslo.
- 9/6 (Maltby) Skandia's annual Spelmansstämman.** Starts at noon at the home of Jim and Margaret Noyes in Maltby, WA.
- 9/19 (Portland) Vasa Orchestra** from Finland performs. Sponsored by the Scandinavian Heritage Foundation. Info: (503) 977-0275 or shf@mindspring.com.
- 9/27 (Portland) Workshop,** 1–5 p.m.; dance, 8–11 p.m. Friendship Masonic Center, 5626 N.E. Alameda St. (corner of 57th & N.E. Sandy Blvd.), Portland, OR.
- 10/18 (Bothell) Skandia Ball,** Northshore Senior Ctr.
- 11/8 (Portland) Workshop,** 1–5 p.m.; dance, 8–11 p.m. Friendship Masonic Center, 5626 N.E. Alameda St. (corner of 57th & N.E. Sandy Blvd.), Portland, OR.
- 3/13–15, 2009 (Seattle) Second annual Nordic Knitting Conference** at the Nordic Heritage Museum. Info: www.ingenkonst.se/exhibit.htm. Registration begins Monday, 1 December 2008.

Welcome to new member

Mary Lou Harris

Skandia Newsletter

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P.O. Box 17123

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(206) 784-7470

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Editor: Kathy D. Bruni; **Subscriptions:** Don Meyers & Kathi Ploeger; **Distribution:** Toni Randall, Yolanda Gordon, Hank Pettit

Address newsletter items to:

Kathy D. Bruni, Editor

14805 NE 177th St

Woodinville, WA 98072-6223

(425) 485-1638

Email: editor@csedl.org

Address member information and requests to:

Skandia Membership Committee

P.O. Box 17123

Seattle, WA 98127-0823

Email: membership@svikt.com

Skandia Folkdance Society Board of Trustees: President: Jim Peterson; Vice President, Pat Pi; Secretary, Don Meyers; Treasurer, Paul Everitt; Trustees: Bev Anderson, Ingrid Hamberg, Judy Patterson, Kathi Ploeger, and Karlyn Tomta.

Send items for the *Other events* column to: editor@csedl.org, or mail (typed only) to **Kathy D. Bruni, Skandia Newsletter, 14805 NE 177th St., Woodinville, WA 98072-6223**. Items for the **August** issue must arrive by **10 July**. Please include date, time, cost, location, contact phone number, and/or email address. Priority is given to local Scandinavian dance and music events.

Directions to regular Skandia events

Phinney Neighborhood Center, 6532 Phinney Ave N, Seattle: from I-5 northbound or southbound, take exit 172 (N 85th St/Aurora Ave); drive west on N 85th about a mile; turn south onto Greenwood and go south 1 mile; turn left at 67th (where Greenwood doglegs east and becomes Phinney); go half a block downhill to the lower parking lot. Room 2 is in the main building, next to the upper parking lot. Room 32 is in the lower (brick) building on the top floor.

Cedar Valley Grange, 20526 52nd Ave W, Lynnwood: from I-5 north- or southbound, take exit 179; turn east on 220th St. Go half a mile to the stop sign at 52nd St.; turn left and go a short mile to the hall (on your left). *Dances on first and third Fridays of every month.*

Newsletter advertising rates

Ads should be related to Skandia or Scandinavian music, dance, or culture. Line items by members are free on a space-available basis. Ad rates for display ads (members and nonmembers):

- Full page: \$50
- Half page: \$25
- Quarter page: \$12.50

Please submit all display ads electronically, or in camera-ready format. Preferred electronic format is MS Publisher. Other acceptable formats include PDF, Word, or any graphics format (JPG or TIF preferred).

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SKANDIA FOLKDANCE SOCIETY

Membership registration and change form

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Name: _____ Signature: _____

- To report a membership problem, check here and describe problem on back of this form or on separate page.
- New member(s) (first time only).
- Renew membership(s) (including expired or inactive memberships).
 - There have been NO CHANGES in my ADDRESS or PHONE NUMBER since my last renewal.
 - Shown below are CHANGES that have occurred in my ADDRESS or PHONE NUMBER since my last renewal.
- I do NOT want a newsletter mailed to me. **Check this box if you view the newsletter at Skandia-folkdance.org.**

Number, Street, Unit: _____
City, State, Zip: _____
Phone: Area code, Home, Work: _____
Email address: _____

Mail, with your check or money order for \$25 per person (\$15 for high school or college students, ages 13–25) made out to SKANDIA FOLKDANCE SOCIETY, to:

Skandia Membership Committee
Post Office Box 17123
Seattle, WA 98127-0823

- Please mail me my membership card in the ENCLOSED SELF-ADDRESSED, STAMPED ENVELOPE.
- I will request my card from a cashier at a Skandia class or event.